

NANCY'S MONTHLY FORECAST

Our Universal Number Transit for 2018 is the Master Number Eleven ($2 + 0 + 1 + 8 = 11$.) Thus we will all be confronted both collectively and individually with events that offer us growth, transformation, choices and change. Eleven is a number of gain and loss. In order to move forward, something must be left behind. Sometimes we get to choose what we take with us; other times the Universe makes the choices for us. Either way, we stand to gain in some way, although we may be prevented from seeing the advantages we have received if we are mourning a loss.

N-SIGHTS FOR MAY 2018

[New Feature! Scroll Down for Your Personal Month Guidance.](#)

THE PAUSE THAT REFRESHES



Although our major focus for everyone this year is on relationships, this is a month to step back and go inward for insights and rejuvenation.

In A Nutshell:

Some Activities That Are Supported in May:

Meditation

Visualization Exercises for Desired Outcomes

Solitude and Reflection Self-Care

Resting and Regrouping

Seeking Answers through Spiritual Resources

Researching and Studying Directives for Health and Healing

Time in Nature

Participating in Group Spiritual or Metaphysical Activities

As is obvious from the above, this is a month to claim “me time.” Just like a good night’s sleep, when you take time to review your physical, mental, emotional and spiritual needs, you will find ways to meet them that will leave you refreshed and equipped to continue through our year of transformation in a much more powerful and efficient manner. Do not feel guilty about claiming your own time and space. It is part of our human basic nature to be in touch with ourselves and our spiritual resources.

YOUR PERSONAL YEAR GUIDANCE:

(To determine your Personal Year Number, add the month and day of your birth to the current year number. EXAMPLE: If your birthday is August 4, add $8 + 4$ to 2018 and reduce the sum to a single digit: $8 + 4 + 2 = 14$. $1 + 4 = 5$. Five is the Personal Year Number. EXAMPLE: If your birthday is December 17, add $12 + 17$ and red reduced to a single digit which is 2. Add 2 to 2018 and reduce to a single digit. Your Personal Year number is Four.)

MAY ADVICE FOR YOUR ONE PERSONAL YEAR

You are likely to find this month a balancing act as your relationships and responsibilities to others can clash with your embedded need for independence and following a solitary path. However, with focus and intention, you can indeed have your cake and eat it too!

MAY ADVICE FOR YOUR TWO PERSONAL YEAR

The guidance in this forecast especially pertains to you. Thus it is an opportune time to step back from any relationship issues and commitments in your life and go inward for illumination and restoration. In the long run you and your relationships will benefit. Solitary pastimes – or even travel – can bring rewards and transformation your way.

MAY ADVICE FOR YOUR THREE PERSONAL YEAR

Matters of career and finance are likely to surface this month. Windfalls and/or loss are possible. If the latter occurs, remember this is a year when luck is on your side and new opportunities are likely to find their way to you in August and September.

MAY ADVICE FOR YOUR FOUR PERSONAL YEAR

This is your month to clean house, literally and figuratively! It’s time to release anything that no longer serves you – possessions, relationships, career involvements – even your home and surroundings. Let go so that the new attuned matches can begin to take root and fully manifest next year. During this time, you may find that people from your past may reappear although the reunion is likely to be a brief one.

MAY ADVICE FOR YOUR FIVE PERSONAL YEAR

In the mood for a new start? Ready or not, the Universe is steering you in a new direction. Let go of the old and prepare to embrace the new. The energies of this month may be fast-moving and hectic for you. Let yourself go with the flow and embrace your new future. More change is due in September. Keep your eyes and focus on the vision of what you want to achieve and know that you are supported in your goals.

MAY ADVICE FOR YOUR SIX PERSONAL YEAR

Aha moments and major turning points are likely part of your journey this May. Relationships are apt to be in the forefront, as well as confronting choices and changes in direction. Remember that life is a balance sheet and that as you move forward in a new direction, something has to be left behind. Turning in to your intuition and spiritual guidance will assist you in a major way to keep your focus as you navigate the challenges. Asking for help and support will assist you to more confidently move forward.

MAY ADVICE FOR YOUR SEVEN PERSONAL YEAR

You have the permission of the Universe to slack off this month. In fact, if you attempt to gun your engines and go full throttle, you may find that you are somehow forced to take it easy. As this is a Seven Universal Month, the general guidelines above especially apply to you. It’s an ideal time to take a solitary trip (especially to mountains or a body of water), spend time meditating, focusing on health or healing, or indulging in movies, books, walks in nature and self care

MAY ADVICE FOR YOUR EIGHT PERSONAL YEAR

You may desire to make changes in your finances and/or career, but feel stalled or thwarted somehow. Have patience, keep the vision of your goals in mind and know that there’s a right time for everything – more likely in June and September. Be practical with your finances. Extra expenses may arrive, especially in the form of unexpected home repairs such as plumbing or electrical issues.

MAY ADVICE FOR YOUR NINE PERSONAL YEAR

Be prepared for change and unexpected events this month. Even if unwelcome, what transpires is the Universe’s way of reminding you that this is a year of completion to prepare you for a new start in 2019. Turn to your resources for spiritual support and guidance to assist you in navigating your way through any challenge that shows up at your doorstep. This can be a good month for travel, especially to foreign lands and/or places that offer you new experiences..

Want more details? Invest In an [Illumination](#) or [Navigate by Numbers](#) reading for insights into your soul’s journey and answers to specific questions regarding relationships, career and/or life changes.

